

Grapho-Theraphy

Grapho-theraphy is the process of changing your handwriting in a scientific manner, to make handwriting more positive, legible and also helps to improve your personality. Graphotherapy is a reversal of the normal writing process where in your hand sends messages to your brain through handwriting exercises specifically designed to bring about more desirable personality traits. Problems of shyness, absence of concentration, low self-esteem, hypersensitivity and low self confidence, as well as mental confusion can be corrected. Parents can make changes in their children's handwriting and eliminate unwanted traits or characteristics. During the early formative stages changes can be done very easily by graphotherapy.

Graphotherapy is effective only when you show commitment to bring about changes in yourself.

ABOUT THE COURSE

Graphotherapy works with the subconscious to make changes to those personality traits. It allows you to conscious reprogram your subconscious. So consider this powerful personal development tool of graphotherapy.

This course focuses on the following elements:

- Position of book, pen and body
- Letter formation
- Connectivity
- Spacing between the words
- Forming words with Zones
- Paragraph writing
- Speed Writing